



About *us*



Nestled in the heart of Hanoi Old Quarter, SOL Spa is located on Hang Trong Street - one of the nicest and busiest places where luxury restaurants and hotels gather.

Only a few steps from Hoan Kiem Lake, Sol Spa will provide tourists a relaxation stopover after sightseeing around the Old Quarter as well as famous landscapes in Hanoi. Our mediation-styled Indochina interior and modern equipments such as facial machine, cushioned bed, sauna will certainly satisfy customers expectation.



SOL SPA
Change the way you feel

📍 Address: 65 Hang Trong street, Hoan Kiem Dist, Hanoi

☎ Tel: +842462616696

Hotline: +84967640386

✉ Email: info@solspas.com

🌐 Website: www.solspas.com



SOL SPA
Change the way you feel

The Secrets *of* Relaxation

BODY MASSAGE

1. SWEDISH MASSAGE

The technique aims to promote relaxation by releasing muscle tension.

2. VIETNAMESE TRADITIONAL MASSAGE

Helps to get a sense of comfort, stability, reducing stress and fatigue created due to pressure.

3. HOT STONE MASSAGE

Relieve tense muscle and sore joints while improving circulation, calming the nervous system and increasing energy.

4. SPORT MASSAGE THERAPY

Designed to help aid the body in releasing wastes from over and under worked muscle, also maintain muscle performance.

5. SOL SPECIAL MASSAGE

This massage technique incorporates a variety of different massage styles.

6. THAI MASSAGE

It is a traditional healing system combining acupressure, Indian Ayurvedic principles, and assisted yoga postures. The idea of Shen-lines alias energy-lines was first used is "Thai yoga massage"

INDIAN BACK, NECK & SHOULDER

Focus on the neck, shoulders and across the back.

FOOT MASSAGE

Foot Massage

Foot Treatment (Scrub and massage)

- Hot stone (OR)

- Mud covering



(Price: 1000d)

Minute	Price
60'	520
90'	750
120'	980
60'	560
90'	840
120'	1110
75'	710
90'	860
120'	1120
75'	740
90'	870
120'	1130
75'	740
90'	870
120'	1160
60'	790
90'	890
120'	1210
30'	350
45'	460
45'	310
60'	460
75'	590



PACKAGE

RELAXING PACKAGE

Swedish massage

Basic Facial Care

THERAPY PACKAGE

Vietnamese Traditional massage

Basic Facial Care

SPORTS PACKAGE

Sport Massage 90'

Indian back,neck & Shoulder

Coffee & Orange body scrub

HOT STONE PACKAGE

Basic Facial Care

Hotstone massage

Lemon & Honey body scrub

SOLARIA PACKAGE

Steam Bath (Sauna)

SOL Special massage

Facial Care with turmeric

FACIAL CARE

Basic Facial Care

Facial Care with turmeric

Collagen Therapy

HEAD MASSAGE

Head Massage

BODY SCRUB & WRAP

Coffee and orange body scrub

Body scrub by Himalaya salt

SAUNA

Steam bath (SAUNA)



Minute	Price
135'	1160
90'	
45'	
135'	1240
90'	
45'	
155'	1620
90'	
30'	
35'	
160'	1680
45'	
90'	
35'	
210'	2190
30'	
120'	
60'	
45'	430
60'	610
75'	760
30'	310
35'	430
30'	420
35'	280

"Tax and service charge are not included on quoted rate"