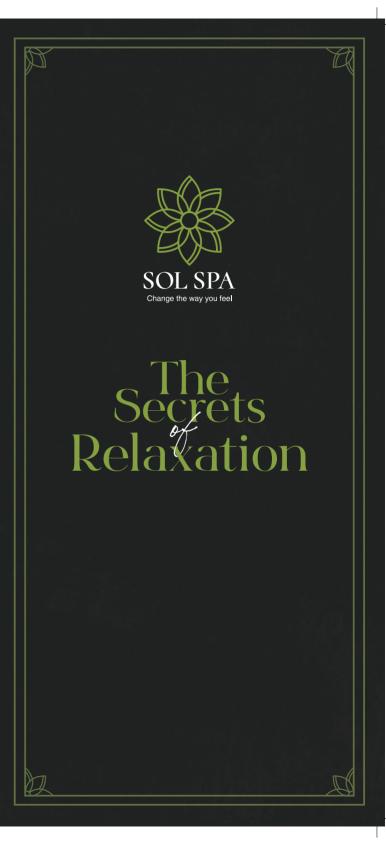


Nestled in the heart of Hanoi Old Quarter, SOL Spa is located on Hang Trong Street - one of the nicest and busiest places where luxury restaurants and hotels gather.

Only a few steps from Hoan Kiem Lake, Sol Spa will provide tourists a relaxation stopover after sightseeing around the Old Quarter as well as famous landscapes in Hanoi. Our mediation-styled Indochina interior and modern equipments such as facial machine, cushioned bed, sauna will certainly satisfy customers expectation.



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- ₩ebsite: www.solspas.com



BODY MASSAGE

1. SWEDISH MASSAGE

The technique aims to promote relaxation by releasing muscle tention.

2. VIETNAMESE TRADITIONAL MASSAGE

Helps to get a sense of comfort, stability, reducing stress and fatigue created due to pressure.

3. HOT STONE MASSAGE

Relieve tense muscle and sore joints while improving circulation, calming the nervous system and increasing energy.

75' 710

120' 1120

75' 740

90' 870

120' 1130

75' 740

90' 870

120' 1160

120' 1210

790

890

310

590

60'

860

90'

4. SPORT MASSAGE THERAPY

Desinged to help aid the body in releasing wastes from over and under worked muscle, also maintain muscle performance.

5. SOL SPECIAL MASSAGE

This massage technique incorporates a variety of different massage styles.

6. THAI MASSAGE

It is a traditional healing system combining acupressure, Indian Ayurvedic principles, and assisted yoga postures. The idea of Shen-lines alias energy-lines was first used is "Thai yoga massage"

INDIAN BACK, NECK & SHOULDER

Focus on the neck, shoulders and across the back.

FOOT MASSAGE

Foot Massage

Foot Treatment (Scrub and massage)

- Hot stone (OR)
- Mud covering









PACKAGE		
RELAXING PACKAGE	Minute 135'	Price 1160
Swedish massage	90'	
Basic Facial Care	45'	
THERAPY PACKAGE	135'	1240
Vietnamese Traditional massage	90'	
Basic Facial Care	45'	
SPORTS PACKAGE	155'	1620
Sport Massage 90'	90'	
Indian back,neck & Shoulder	30'	
Coffee & Orange body scrub	35'	
HOT STONE PACKAGE	160'	1680
Basic Facial Care	45'	
Hotstone massage	90'	
Lemon & Honey body scrub	35'	
SOLARIA PACKAGE	210'	2190
SOLARIA PACKAGE Steam Bath (Sauna)	210' 30'	2190
		2190
Steam Bath (Sauna)	30'	2190
Steam Bath (Sauna) SOL Special massage	30' 120'	2190
Steam Bath (Sauna) SOL Special massage Facial Care with turmeric	30' 120'	2190 430
Steam Bath (Sauna) SOL Special massage Facial Care with turmeric FACIAL CARE	30' 120' 60'	430
Steam Bath (Sauna) SOL Special massage Facial Care with turmeric FACIAL CARE Basic Facial Care	30' 120' 60' 45'	430
Steam Bath (Sauna) SOL Special massage Facial Care with turmeric FACIAL CARE Basic Facial Care Facial Care with turmeric	30' 120' 60' 45' 60'	430 610
Steam Bath (Sauna) SOL Special massage Facial Care with turmeric FACIAL CARE Basic Facial Care Facial Care with turmeric Collagen Therapy	30' 120' 60' 45' 60'	430 610
Steam Bath (Sauna) SOL Special massage Facial Care with turmeric FACIAL CARE Basic Facial Care Facial Care with turmeric Collagen Therapy HEAD MASSAGE	30' 120' 60' 45' 60' 75'	430 610 760
Steam Bath (Sauna) SOL Special massage Facial Care with turmeric FACIAL CARE Basic Facial Care Facial Care with turmeric Collagen Therapy HEAD MASSAGE Head Massage	30' 120' 60' 45' 60' 75'	430 610 760
Steam Bath (Sauna) SOL Special massage Facial Care with turmeric FACIAL CARE Basic Facial Care Facial Care with turmeric Collagen Therapy HEAD MASSAGE Head Massage BODY SCRUB & WRAP	30' 120' 60' 45' 60' 75'	430 610 760
Steam Bath (Sauna) SOL Special massage Facial Care with turmeric FACIAL CARE Basic Facial Care Facial Care with turmeric Collagen Therapy HEAD MASSAGE Head Massage BODY SCRUB & WRAP Coffee and orange body scrub	30' 120' 60' 45' 60' 75'	430 610 760 310

"Tax and service charge are not included on quoted rate"